



TECHNICAL Sheet - Purple Carrot Juice

Nutrition Values for 100ml Juice:

Energy	34 Kcal - 143 Kj
Protein	1,08 gr
Total lipid (fat)	0,0 gr
Carbohydrate	7,35 gr
Brix	8 ± 0,5
pH	4,5 ± 0,5
Total Polyphenols	325 mg
Anthocyanins	from 50 to 100 mg
Suggested daily intake	1 glass a day

Purple Carrot is an excellent source of total polyphenols, especially anthocyanins. They protect against capillary fragility and their antioxidant property has antibacterial and immunostimulatory activity. Polyphenols act in synergy with other Purple Carrot vitamins, carotenes and vitamin C against free radicals damaging action, preserving the integrity of important molecules and preventing from inflammatory and carcinogenic processes.

Certifications	ICEA - IFOAM ACCREDITED, Jas, NOP, Kosher
	cool and dry place - ambient temperature
Storage	after opening preserve at about 4°C
	after opening consume within one week
Shelf life	3 years
Preservatives - Colourings	not used - just pure natural juice
Origin	PRODUCT OF ITALY
Crops origin	our own italian crops from Fucino Plateau - Abruzzo
Raw Carrots	PGI (Protected Geographical Indication)